

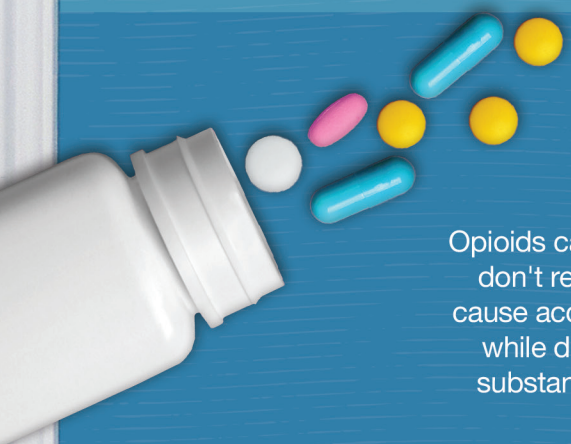


# MOST OPIOID OVERDOSES HAPPEN AT HOME

Don't let one happen in yours. Bring Naloxone Home.

## CAN AN OVERDOSE HAPPEN IN MY HOME?

The opioid epidemic is closer to you than you think. In 2018, opioid overdoses killed 47,600 people in the United States <sup>[1]</sup>, with 543 of those individuals being Coloradans <sup>[2]</sup>. More than 80% of opioid overdoses occur in a home, killing people of all ages, genders, races, and income levels. Those lives might have been saved by someone with naloxone.



## OPIOIDS AND OVERDOSES

Opioids can be safe when used as prescribed by your doctor, but most people don't realize they can overdose even if they have a prescription. Opioids can cause accidental fatal overdoses by interacting with other medications, if used while drinking alcohol, or if you take too many. Opioid use also can lead to a substance use disorder – in fact, dependence can start after just a few days.

## AM I AT RISK OF AN OVERDOSE?

Anyone who uses opioids incorrectly could overdose, but some are at higher risk than others. You might be at a higher risk if you <sup>[3]</sup>:

- Take a higher dose than prescribed
- Combine opioids with alcohol or other substances
- Are over the age of 65
- Have an existing respiratory condition
- Have recently experienced detoxification
- Have overdosed in the past





# WHAT IS NALOXONE?

Naloxone is an FDA-approved medication that can stop an opioid overdose. Naloxone (also known by the brand names Narcan and Evzio) is available in Colorado pharmacies without a doctor's prescription, making it easy for you to bring naloxone home.

## IS NALOXONE RIGHT FOR ME?

If you, a loved one or a friend have a prescription for opioids, use opioids recreationally, or have an opioid use disorder, you're at risk. Even if you think an overdose could never happen to you or someone you know, protect yourself and your family by purchasing and carrying naloxone.



## HOW DO I RESPOND TO AN OVERDOSE?

If you think someone has overdosed, call 911 immediately. Naloxone will temporarily reverse the effects of an opioid overdose, but medical attention is still necessary. Naloxone will only last 30 to 90 minutes. This shows you how to administer nasal Narcan [4]:



### STEP 1

If you suspect an opioid overdose, dial 911.



### STEP 2

Lie recipient down, with head tilted back.



### STEP 3

Insert nozzle into nostril and press plunger firmly.

In the state of Colorado, in 2018 there were over 1,000 reported overdose reversals. By encouraging all individuals to purchase naloxone, we can help put an end to opioid overdose deaths both in the home and the country. Be prepared to save a life and bring naloxone home [5].

For more information, visit [BringNaloxoneHome.org](http://BringNaloxoneHome.org). Bring Naloxone Home was developed by the Colorado Consortium for Prescription Drug Abuse Prevention and is funded by the State of Colorado.

#### REFERENCES:

- [1] - Center for Disease Control
- [2] - Colorado Department of Public Health and Environment
- [3] - Department of Health and Human Services
- [4] - Emergent Biosolutions
- [5] - Center for Disease Control